

1:1 COACHING *plans*



www.nikiparris.com



A variety of individual coaching packages allows you to select the plan that works where you are today and gets you to where you want to be. Select one below or ask about customized VIP packages.



WON & DONE

\$85

If you need a quick pick-me-up coaching call to help with a particular challenge, this is the perfect package. Includes one (1) follow-up text.



THE MAIN-LINE

\$240

This package gives you phone and online support in your specified Life Coaching areas. Includes three (3) 30-minute phone calls and one (1) email.



THE MEETUP

\$360

This package gives you phone and face-to-face support for all goal areas. Includes three (3) 40-minute phone/video calls and one (1) face-to-face.



VITALITY

\$600

This is a series of 6 face-to-face sessions with your Life Coach who will support you across all goal-areas. Includes six (6) 1-hour 1:1 coaching sessions plus support.