

Getit Together

OVERVIEW

GetitTogethers are produced by Vitality Faith & Life Coaching. Hosted in warm and inviting locations by partners who care deeply for the well-being of others, sessions focus on personal development and self-care through guided discussion & activities.

SESSIONS ARE AT COST AND OFFER:

- An introduction or helpful overview of Coaching as a practice
- Brave space for participants to center, focus and explore personal goals
- Facilitation by a Certified Faith & Life Coach
- Powerful themes, light refreshments, good energy and inspiration!

HOST:

- Provides location, ambience and some setup/cleanup
- Invites guests for participation & welcomes folks upon arrival
- Co-coordinates theme, bevs & bites, and approval of cost & activities

FACILITATOR (LIFE COACH):

- Develops activities and agenda for Host's approval
- Processes attendee payments & RSVPs
- Provides catering, materials and facilitation



Interested in Hosting or Attending?

Scan the QR Code to visit www.nikkiparris.com
and complete the form on the Events page
or Email vitalitynik@gmail.com.

